

Registration

Name _____

Title/Credentials _____

SSN# (optional) _____

Address _____

City, State, Zip _____

Home Phone _____

Employer/Agency _____

Day Phone _____

TriHealth Employee ID _____

Conference includes full breakfast and luncheon.

Luncheon Entree Choice (circle one):

Vegetarian Meat

Fee: Before October 29: \$ 99.00

After October 29: \$110.00

For TriHealth employee discounted fee call 513-862-4602

All **refund requests** must be *in writing and postmarked* no later than November 1, 2010. Refunds will be assessed a \$25 handling fee.

Please make check payable to:

TriHealth Breastfeeding Support Services

Send registration to:

Nancy Jaeger, RN, BSN, IBCLC
3887 Autumn Way
Lawrenceburg, IN 47025

For more information, contact Cathy Meister, RN, IBCLC, Program Chair at 513-862-4602 or email: Cathy_Meister@trihealth.com or cathym927@fuse.net

Agenda

8:00-8:30 a.m. Registration and full breakfast

8:30-8:45 a.m. *Welcome*
Cathy Meister, RN, IBCLC
Nancy Jaeger, RN, BSN, IBCLC

8:45-10:15 a.m. *Medical and Social Origins of Breastfeeding Myths*
Jacqueline H. Wolf, PhD

10:15-10:30 a.m. Break

10:30-12:00 p.m. *Got Milk? Not in Public!*
Jacqueline H. Wolf, PhD

12:00-1:00 p.m. Lunch

1:00-2:00 p.m. *Creating Flow: Lymphatic Drainage for Breastfeeding Problems*
Alison K. Hazelbaker, PhD, MA, IBCLC, CST, RCST

2:00-2:30 p.m. *Solving the Right Problem: Solutions for Maturational, Iatrogenic and Structurally Based Sucking Problems*
Alison K. Hazelbaker, PhD, MA, IBCLC, CST, RCST

2:30-2:45 p.m. Break

2:45-4:15 p.m. *Solving the Right Problem* (continued)
Alison K. Hazelbaker, PhD, MA, IBCLC, CST, RCST

4:15-4:30 p.m. Evaluation and Certificates

Intended Audience: This presentation is developed for Lactation Consultants, RN, including CNM or APN, and other health professionals or community leaders providing care and support for breastfeeding couplets.

Continuing Education

Nurses: RNs will be awarded 6.25 Contact Hours. *TriHealth, (OH-276, 9/2011) is an approved provider of continuing nursing education by the Ohio Nurses Association (OBN-001-91), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.*

Lactation Consultants: 6 L CERPs approved by the International Board of Lactation Consultant Examiners, Inc. (IBLCE). Approval Number C110310.

Attendance at the entire program and completion of a program evaluation will be required to successfully complete the program.

Faculty

Jacqueline H. Wolf, PhD, is professor of the history of medicine and chair of the department of social medicine at Ohio University. She specializes in the history of women's and children's health and medicine, the history of public health, and the history of biomedical ethics. She is the author of *Deliver Me from Pain: Anesthesia and Birth in America* (Johns Hopkins University Press, 2009) and *Don't Kill Your Baby: Public Health and the Decline of Breastfeeding in the 19th and 20th Centuries* (Ohio State University Press, 2001). Dr. Wolf is also the author of numerous articles and book chapters on breastfeeding practices in the U.S. and their effect on public health. She is currently working on a history of cesarean section in the U.S.

Alison K. Hazelbaker, PhD, IBCLC, CST, RCST, maintains a private practice in Columbus, Ohio. A La Leche League Leader for 27 years and a practicing lactation consultant for over 25 years, she incorporates her special training in Cranio-Sacral Therapy and Lymphatic Drainage Therapy into her lactation practice. She authored the Assessment Tool for Lingual Frenulum Function and invented the Hazelbaker™ FingerFeeder. Dr. Hazelbaker holds a doctorate in Psychology, specializing in Energetic and Transformational Healing.

Goals & Behavioral Objectives

The goal of this program is to increase knowledge about society's view of breastfeeding/lactation and how to intervene for a mother or infant experiencing a breastfeeding-or lactation-related issue/problem.

At the completion of this offering, the individual should be able to:

- Describe the historical origin of our cultural mistrust of breastfeeding and human milk and the impact on contemporary breastfeeding practices.
- Describe contemporary examples of discomfort with breastfeeding in public.
- Explain the relationship between discomfort with breastfeeding in public and low breastfeeding rates.
- Discuss how to change attitudes toward breastfeeding in public and the benefits of such a change.
- Discuss the impact of current breastfeeding recommendation on provision of care to newborns and their families.
- Discuss the lymphatic system as it pertains to lactation.
- Perform a self-care lymphatic protocol that can be taught to clients.
- Describe various solutions for supporting breastfeeding with maturational sucking issues and
- Describe various solutions for resolving iatrogenic or structurally related sucking problems.

Conference Location

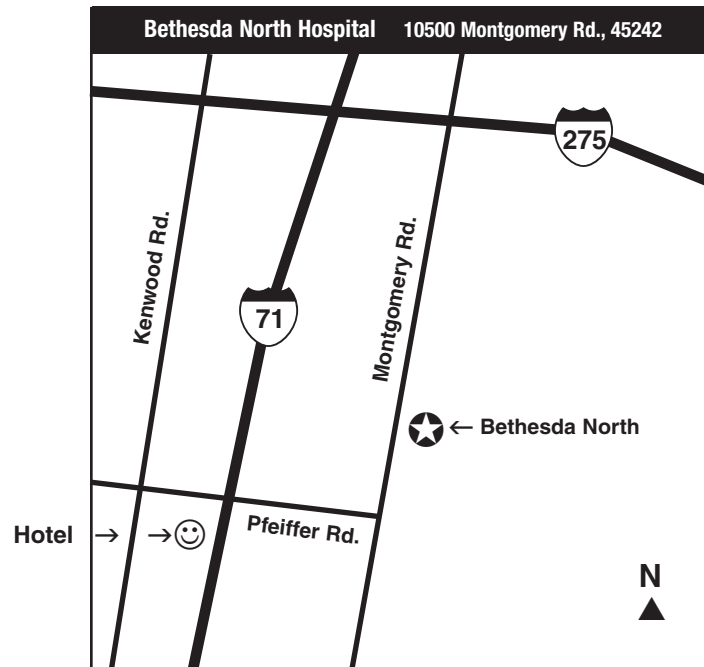
TriHealth Bethesda North Hospital Golder Center is located at 10500 Montgomery Road (2nd floor, entry atrium elevators) near Interstate 71 at exit 15, marked Pfeiffer Road. Approximately 1 mile from exit.

Accommodations

A block of rooms will be held at the Crown Plaza until Friday, October 29th at a special conference rate of \$99; Hotel address: 5901 Pfeiffer Road, Cincinnati, OH 45242; phone 513-793-4500; near Interstate 71 at exit 15, marked Pfeiffer Road. (Book for *TriHealth Breastfeeding Support Services Conference*.)

Hotel shuttle service will be available to the Bethesda North conference site.

Map



TriHealth Breastfeeding Support Services



Present *Breastfeeding & Lactation: Yesterday, Today and What's Next*

Featuring
Jacqueline H. Wolf,
PhD
&
Alison K. Hazelbaker,
PhD, MA, IBCLC, CST, RCST

Friday, November 12, 2010

TriHealth Bethesda North – Golder Center
Cincinnati, OH 45242

Bethesda North
TriHealth
Good Samaritan

Nancy Jaeger, Registrar
3887 Autumn Way
Lawrenceburg, IN 47025

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