

The Tuolumne County
Breastfeeding Coalition Presents
Its Fifth Bi-Annual Conference



“Supporting Breastfeeding
Under Not-So-Normal
Conditions”

Wednesday, February 3, 2010

Sonora Oaks Hotel and Conference Center

Sonora, CA

Our Speaker

Gini Baker, RN, MPH, IBCLC

Gini is an internationally recognized lactation consultant with over 20 years experience in management of breastfeeding normal, compromised, and NICU infants. She is the program developer and primary clinical faculty for the UCSD Lactation Education/Counselor, Lactation Specialist, and Lactation Consultant Training Programs. She is actively involved in professional organizations including ILCA and is a past board member of Lamaze International.



Learning Objectives

Objectives: By the end of the conference seminar the participant will have:

1. Outlined the stages of lactogenesis
2. Defined the concept of 3rd spacing
3. Reviewed infant sucking patterns
4. Defined the concept of Skin to Skin vs. Baby Wearing
5. Reviewed techniques for infant organization
6. Defined the quantitative signs of milk transfer
7. Outlined the 4 main causes of sore nipples
8. Identified latch issues and management techniques for sore nipples

Who Should Attend

This workshop is recommended for: Nurses, Lactation Consultants and Counselors, WIC employees, Dietitians, Social Workers, and others who are interested in supporting families in the continuation of breastfeeding.

Please no children other than nursing babies in arms.

Continuing Education

Tuolumne County Health Department is approved by the California Board of Registered Nursing, Provider Number CEP 12847, for 6 contact hours.

“L” CERPs have been applied for from IBCLE.

Category II education units have been applied for from CDR.

Conference Location

**Sonora Oaks Hotel
and Conference Center
19551 Hess Avenue
Sonora CA 95370
(209) 533-4400**

Directions: Take Hwy 108 to the Hess Avenue Exit. Make a right at the stop sign onto Hess Avenue. Continue straight through the stoplight on Hess Avenue. The facility will be on your left.

For more conference or lodging information, call (209) 533-7418 during working hours, or (209) 352-2750 after hours or on the weekend or send an e-mail to tcbc@webdancers.com.

Thank You to our Sponsors:

Gold Level:

Tuolumne County Health Department WIC
Black Oak Casino

Silver Level:

Sonora Regional Medical Center
Kiwanis Club of Sonora

Conference Schedule

Supporting Breastfeeding Under Not-So-Normal Conditions

7:45-8:15 *Registration & Continental
Breakfast*

8:15-8:30 *Welcome / *Drawing*

8:30-10:30 **“I Don’t Have Enough
Milk” Real or Perceived?**

10:30-10:45 *Break /*Drawing*

10:45-12:00 **7 Things Every Client
Should Know: Part I**

- *Skin to Skin vs. Baby Wearing*
- *Infant Organization*
- *Asymmetrical Latch*
- *Signs of Milk Transfer*

12:00-1:00 *Lunch / *Drawing*

1:00-2:00 **7 Things Every Client
Should Know: Part II**

- *AAP Guidelines*
- *Plan of Care*
- *Resources/Support Groups*

2:00-2:15 *Break / *Drawing*

2:15-4:00 **Clinical Reasons for and
Management of Sore Nipples**

4:00 – 4:15 *Evaluations/*Drawing*

*Throughout the day we will be having drawings for gifts donated by merchants who support breastfeeding in their places of business!

Cost

 \$75.00

if registered by January 15

 \$50.00

*for La Leche League Leaders, Peer
Counselors and full-time nursing
students.*

 \$10.00

late fee after Jan 15

Fee includes:

*Conference, continental breakfast, lunch,
snacks, materials and units.*

Registration

Name _____

Title _____

Address _____

Phone _____

Email _____

Employer _____

Special Dietary Need _____

Continuing Education (CE) Credits Desired

RN (Nursing) license # _____

RD (Dietitian) license # _____

IBCLC (Lactation Consultant) # _____

Other _____

Send registration, with your check made payable to:

Tuolumne County Breastfeeding Coalition
PO Box 3051
Sonora, CA 95370

*Cancellations received by January 25 would result
in a full refund minus a \$25 processing fee.*