

THE 2011
INTERNATIONAL CONFERENCE
ON THE THEORY AND PRACTICE
OF HUMAN LACTATION RESEARCH
AND BREASTFEEDING MANAGEMENT



PRE-CONFERENCE WORKSHOPS
AND SPECIAL EVENT
JANUARY 10TH, 11TH AND 12TH

CORE CONFERENCE
JANUARY 13 & 14
THE ART AND SCIENCE
OF HUMAN LACTATION RESEARCH
AND BREASTFEEDING MANAGEMENT
AT THE
HOLIDAY INN SUNSPREE RESORT
ORLANDO, FLORIDA USA

Comments from our previous Conferences:

"I love the size and timing of this conference. We (attendees) don't get lost in the hoopla. The conference was very well organized and the facility was perfect. It was so easy to get here from the airport."

"I enjoyed the balance in this conference between the big-picture ideas and philosophy of practice, and the very practical, advanced clinical knowledge; between well known and experienced speakers and speakers I had not read or heard. I take home not only information but inspiration."

"Excellent conference! Diverse presentations followed by professional comments. I appreciate the diversity in topics and presenters."

"Wonderful, wonderful, wonderful! I attend many conferences and this one is one of the best - good topics, super speakers, great people. Not only informative, but FUN!"

The Center for Breastfeeding
The Healthy Children Project Inc.
327 Quaker Meeting House Road
East Sandwich, MA 02537

Conference Hotel Information



The conference hotel is the **Holiday Inn SunSpree Resort** in Lake Buena Vista, Orlando, Florida. It is conveniently located just one mile from the Walt Disney World Resort Area. The resort offers complimentary scheduled transportation to/from the four Walt Disney World Theme Parks, Sea World Orlando and Universal Studios. It is 20 miles from the Orlando International Airport.

The resort features affordable comfort with luxury amenities, convenient location and great customer service. These include an overside pool, two whirlpools, weekly dive in movies (weather permitting), a state of the art fitness center, high speed wireless internet access and a kids playground. Every room features a refrigerator and a microwave.

Conference Hotel Preferred Rate

Overnight rooms are not included in the conference fee. Blocks of rooms are being held at the **Holiday Inn SunSpree Resort** at special reduced conference rates of \$99 (plus a \$7.95 activity fee) per night plus tax for single through quadruple occupancy. Be sure to mention that you are part of the "Healthy Children Conference" to access this special rate!

Holiday Inn SunSpree Resort
Lake Buena Vista
13351 Sate Road 535
Orlando, Florida, USA 32821
(407) 239-4500 phone - (407) 239-7713 fax
(800) 366-6299 for Reservations

New Location!

There are a limited number of rooms at our special rate, so register early! Don't forget to mention that you are part of the Healthy Children group!

The room block will be held until **December 20, 2010**. Reservations made after December 20, 2010 may not qualify for the preferred rates listed above.

Roommate Assistance

Please call **The Center for Breastfeeding** if you need help in finding a roommate. We will keep a list of people who are looking for someone to share overnight expenses and will be happy to help you. However, we cannot guarantee a roommate.

All hotel reservations must be made directly with the Holiday Inn SunSpree Resort, Orlando, Florida

Conference Information

Description

This conference has been specially designed to broaden the perspective and enrich the clinical practice of those who care for breastfeeding mothers and babies. Program content has been chosen to ensure innovative discussions of strategies and management options. Care givers and researchers alike will find this a rich forum for learning and sharing ideas.

Conference Objectives

Participants will be able to

- Describe current trends in clinical practice for those who care for breastfeeding mothers and babies.
- Describe research findings that impact clinical practice, program development, funding and policy in breastfeeding and human lactation.
- Describe current trends in promoting, supporting and/or protecting breastfeeding.
- Discuss research findings that expand knowledge regarding lactation.

Who should attend?

The 2011 International Conference on the Theory and Practice of Human Lactation Research and Breastfeeding Management is indispensable for professionals working in the area of breastfeeding and human lactation. This includes Physicians, Nurses, Nutritionists, Public Health Providers, OTs, CLCs, IBCLCs, WIC Staff, Students, Educators, Doulas, Lactation Consultants... YOU!!!

Contact Hours

The Core Conference has been approved for 12 Contact Hours for RNs. IBCLCs will receive 12 L CERPs from IBLCE for the Core Conference. The Special Event has been approved for 3.5 Contact Hours for RNs and 3.5 L CERPs for IBCLCs, with the opportunity to receive an additional 3 Contact Hours for RNs and 3 L CERPs for IBCLCs. Pre-Conference Workshop 1 has been approved for 6 Contact Hours for RNs and 6 L CERPs for IBCLCs. Pre-Conference Workshop 2 has been approved for 6 Contact Hours for RNs and 6 L CERPs for IBCLCs. Pre-Conference Workshop 3 has been approved for 6 Contact Hours for RNs and 6L CERPs for IBCLCs. Continuing education hours have been applied for from the ADA for RDs. The special event, pre-conferences and core conference can be applied towards CLC recertification. Partial credit will not be given to participants who attend only part of any pre-conference workshops, special events or the core conference. You will receive a Certificate of Completion, suitable for framing, at the end of the program. Be sure that you have **printed** your name clearly on the registration form to avoid errors.

Core Conference Registration

The cost of the core conference is \$355 USD if your registration and payment is postmarked on or before December 3, 2010. The cost of the core conference is \$395 USD if your registration and payment is postmarked after December 3, 2010. There is a \$25 per person charge to use a Purchase Order or to bill your agency. The early bird discount is not available when using either of these options, unless the payment is received on or before December 3, 2010.

Core Conference Registration includes:

- Conference Syllabus with bibliographies and references.
- Admission to plenary sessions.
- Selection of concurrent sessions - you may choose at the conference.
- Opportunity to earn 12 contact hours during the core conference.
- Morning and afternoon breaks during the Core Conference on Thursday and Friday.
- Buffet Lunch during the Core Conference on Thursday and Friday.
- A chance to share your experiences and ideas with colleagues.
- Free entrance to the Learning Bazaar - Marketplace of Ideas.
- Opportunity to learn from both speakers and other participants.

Babies and Children

Babies and children will not be admitted to the teaching rooms except for quiet nursing babies under 6 months.

Cancellations and Substitutions

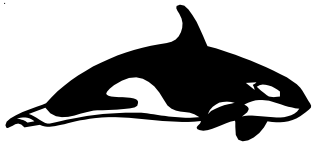
All refund requests must be made in writing and postmarked before December 17, 2010 and are subject to a \$50 processing fee. Between December 17, 2010 and January 5, 2011 you may find a substitute without penalty if you notify *The Center for Breastfeeding* in writing. Otherwise cancellation is subject to the full fee.

Healthy Children Project, Inc. is an approved provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Healthy Children Project is a provider approved by the California Board of Registered Nursing, Provider Number CEP4931.

Florida Provider Number FBN3373.

Continuing education hours for RDs have been applied for from the ADA.



Pre-Conference Workshops

A Special Event!: Learning from Our Sisters of the Sea: Pregnancy, Birth and Lactation of Aquatic Mammals

Monday, January 10, 2011 *Lecture and Tour at Seaworld*

Meet at Seaworld at 9:00 am at the latest! • Registration: 8:45am - 9:15 am • Time: 9:15 am - 12:45 pm • Cost: \$165 RNs: 3.5 Contact Hours (with option of 3 more for free), IBCLCs: 3.5 L CERPs (with option of 3 more for free), CLCs: 3.5 hours (with option of 3 more for free) • Includes lunch

The day begins with a three and a half hour guided excursion through Seaworld learning about pregnancy, birth and lactation of aquatic mammals. With Seaworld staff as our guides, along with Healthy Children faculty, Karin Cadwell, PhD, FAAN, RN, IBCLC and Cindy Turner-Maffei, MA, IBCLC, we will learn from our sisters of the sea. Traveling from conception, through pregnancy, birth and lactation, can we understand human processes through a deeper understanding of marine mammals? What are the similarities between marine mammal motherhood and human motherhood? We will learn about Killer Whale Lactation Studies, Nursing Behavior and Calf Development, Successful Breeding Programs and Captive Formulas. This event includes an all day admission to Seaworld and requires extensive walking. Transportation to and from Seaworld is the individual participant's responsibility. (Guests of the Holiday Inn SunSpree Resort may use the free shuttle from the hotel - check with the hotel for times.) An optional afternoon opportunity is available to registered morning participants for **no extra charge**. This activity of small group work throughout Seaworld is worth an additional 3 contact hours for RNs and 3 L CERPs for IBCLCs. This activity is from 1:00pm to 4:00pm, and will include written work. We have had a waiting list for this event every year, so register early! We will have some new and exciting information, so if you came last year, there is still more to learn! Please join us for an event that always gets rave reviews!

Pre-Conference Workshop 1:

Latch Skills Lab: Assessing Breastfeeding and Latch

**Tuesday, January 11, 2011 • Registration: 8:30am - 9:00am •
Session: 9:00am - 3:00pm • Includes lunch • Cost: \$155 RNs:
5 Contact Hours, RDs: TBA; IBCLCs: 5L CERPs, CLCs: 5
hours**

Faculty: Karin Cadwell, PhD, FAAN, RN, IBCLC, Cindy Turner-Maffei, MA, IBCLC, Anna Blair, PhD, CLC, Lois Arnold, PhD, MPH, Jacque Benson, RN, CLC, IBCLC, Elyse Blair, RN, BSN, IBCLC, Sheri Garner, RN, BS, IBCLC, Nikki Lee, RN, MS, IBCLC, CIMI, Barbara O'Connor, RN, BSN, IBCLC

The ability to assess breastfeeding is a crucial skill. In this interactive and practical workshop, the Healthy Children faculty will share our view of the 13 attributes of a feeding. Each attribute will be described and explained, with the opportunity to see video examples of each attribute in action. Participants will learn to use and then rate videos of several actual feedings using the Healthy Children Lactation Assessment tool.

Prior CLC participants may retake the LAT competency between 3 and 4. (There is no charge to retake the LAT competency, but if you wish to take the workshop, please pay the registration fee.)

Pre-Conference Workshop 2:

Making It Fair: Mothers and Babies at Risk Ethical Considerations about Breastfeeding for Vulnerable Populations

**Wednesday, January 12, 2011 • Registration: 8:30am -
9:00am • Session: 9:00am - 4:00pm • Includes lunch • Cost:
\$165 RNs: 6 Contact Hours, RDs: TBA; IBCLCs: 6E CERPs,
CLCs: 6 hours**

This workshop presents practical research and advice in the framework of ethical considerations about breastfeeding when looking at vulnerable populations. What is fair to mothers and babies who are at risk?

Anna Blair, PhD, CLC, IBCLC will give us an ethical framework for understanding breastfeeding for vulnerable populations.

Portia Gadson will give insight into her comprehensive program for minority expectant mothers called Mommy Knows Breast!

Jane Grassley, PhD, RN, IBCLC and Donna Sauls, PhD, RN will present their research and resulting theory to promote and support breastfeeding among adolescents.

Kay Hoover, MEd, IBCLC, RLC, FILCA will discuss the challenges with lactation for overweight and obese women, and the importance of breastfeeding for both the mother and baby.

Patricia Reidy, DNP, FNP-BC and Sara Shields, MD, MS will present their results of their assessment tool to identify women at risk for early breastfeeding cessation in vulnerable populations.

Join us for an informative and important day!

Core Conference

THE ART & SCIENCE OF HUMAN LACTATION RESEARCH & BREASTFEEDING MANAGEMENT

This year's international conference features clinicians and researchers who specialize in different aspects of the breastfeeding experience. This conference focuses on research and practice. It combines the latest information on pertinent topics with strategies for improving clinical work with mothers and babies.

This year we will explore the ideal mother/baby habitat in the early postpartum period, looking at research on the impact of labor and delivery pain medication, kangaroo care, and mother baby sleep locations on safety and breastfeeding outcomes.

We will also examine strategies for supporting mothers and babies post-discharge, looking at strategies for answering mothers questions about breastfeeding, safety of drugs and medications, national breastfeeding support systems, and peer counseling programs.

Other areas of focus will include ethics in breastfeeding counseling, strategies for dealing with resistant staff, techniques for improving breastfeeding teaching and research updates on breastfeeding.

Learning Bazaar Rules & Regulations

Any registered participant for *The 2011 International Conference on the Theory and Practice of Human Lactation Research and Breastfeeding Management* may request an exhibit table in the Learning Bazaar - Marketplace of Ideas. There is no additional charge to exhibit. Arrangements must be made by December 4, 2009 in order to secure a table. Space is limited. Call (508) 888-8044 for detailed information.

Please note: Healthy Children does not accept underwriting from the breast pump industry, baby food industry or any other manufacturer to offset costs. Participant registration fees cover all expenses for the program.

Degree Programs in Breastfeeding and Human Lactation

Wednesday, January 12, 2010 • 4:30 pm - 5:30 pm • No Charge

Information Session for Prospective Learners and Meet & Mingle for Current Learners: A special evening opportunity for you to learn about degree programs in breastfeeding and human lactation on the bachelors and masters level. Listen to an overview, and then discuss your personal needs with faculty from Healthy Children and The Union Institute and University as you meet and chat with others interested in these degrees. If you're already a Union learner, come and meet other learners and chat with some of your faculty! All are welcome!

Healthy Children Upcoming Events

We have many training programs coming up in 2011 - Certified Lactation Counselor (CLC) Training Programs offered in various locations across the country, a Research Updates course taught on a cruise to the Western Caribbean or Alaska, Advanced Issues in Lactation Consulting helping you to integrate the bigger picture, Maternal and Infant Assessment for Breastfeeding and more!

Please check the website www.healthychildren.cc
for information about our other training programs where you can get evidence based
information presented by our outstanding faculty!

Conference Schedule

* No alterations in the academic schedule are anticipated, but the right is reserved to amend the schedule if necessary.

Pre-Conferences and Special Event

Monday, January 10, 2011 A Special Event!

Learning from Our Sisters of the Sea: Pregnancy, Birth and Lactation of Aquatic Mammals

Tuesday, January 11, 2011

Pre-Conference 1: Latch Skills Lab: Assessing Breastfeeding and Latch

Wednesday, January 12, 2011

Pre-Conference 2: Making it Fair: Mothers and Babies at Risk for Breastfeeding Degree Programs in Breastfeeding and Human Lactation

Core Conference

Thursday, January 13, 2011

7:30am - 8:30am	Registration, Learning Bazaar, Coffee, Tea and Baked Goods	** Bring something to donate and take part in the Silent Auction to support the Baby-Friendly Hospital Initiative in the US!
8:30am - 8:45am	Welcome by Karin Cadwell and announcements	
8:45am - 10:00am	Karin Cadwell and Cindy Turner-Maffei <i>Where Are We Now?: Breastfeeding 360</i>	
10:00am-10:30am	Break (coffee, tea and fresh fruit), Learning Bazaar and Poster Sessions	
10:30am-12:00pm	Maureen Groer <i>Breastfeeding: An Immune Boost for Mothers</i>	
12:00pm - 1:30pm	Buffet Lunch (included) - networking groups (Learning Bazaar is open)	
1:30pm - 5:00pm	Concurrent Workshops	
1:30pm - 2:30pm	Cindy Vella <i>Making Step 10 Work</i>	
	Ilana Chertok <i>Hospitalization and Breastfeeding for Infants Born by Cesarean Section in Israel</i>	
2:30pm - 2:45pm	Break (coffee, tea and cookies)	
2:45pm - 3:45pm	Linda Smith <i>The Impact of Swaddling on Breastfeeding Infants</i>	
	Kajsa Brimdyr <i>Skin to Skin in the First Hour: A Campaign Aimed at Mothers</i>	
3:45pm - 4:00pm	Break	
4:00pm - 5:00pm	Jimi Francis <i>Connecting Stress and the Consequential Impact on Human Milk</i>	
	Trish MacEnroe and Liz Westwater <i>The 4-D Pathway for the US Baby-Friendly Hospital Initiative</i>	
5:00pm - 5:30pm	Learning Bazaar	

Friday, January 15, 2010

7:30am - 8:30am	Sign-in, Learning Bazaar, Coffee, Tea and Baked Goods
8:30am - 10:00am	Fiona Dykes <i>Breastfeeding in the Hospital: Midwives, Mothers and the Production Line</i>
10:00am-10:30am	Break (coffee, tea and fresh fruit), Learning Bazaar and Poster Sessions
10:30am - 12:00pm	Ask The Experts
12:00pm - 1:30pm	Buffet Lunch (included) (Learning Bazaar is open - Last Chance!)
1:30pm - 2:30pm	Concurrent Workshops
1:30pm - 2:30pm	Fiona Dykes <i>WHO Global Strategy for Infant and Young Child Feeding: Cultural Challenges to Implementation</i>
	Nikki Lee <i>Cultural Humility and Breastfeeding</i>
2:30pm - 2:45pm	Break - Last Chance for the Silent Auction!** (coffee, tea and cookies)
2:45pm - 3:45pm	To Be Announced
	Nikki Lee <i>Cultural Humility and Breastfeeding (continued)</i>
3:45pm - 4:00pm	Break
4:00pm - 5:00pm	Karin Cadwell and Cindy Turner-Maffei <i>Unique and Surprising Findings about Maternal Child Health</i>
5:00pm - 5:30pm	Silent Auction Pick-up, Session Code Sheets Collected, Certificate Pick-up

Questions?

Please give us a call with any questions you may have! Our staff is available Monday - Friday, 9:00a.m. - 4:30p.m. Eastern Time at **(508) 888-8044**. Our 24 hour fax number is **(508) 888-8050**. You can email us at **info@healthychildren.cc**

Or write to us at:

The Center for Breastfeeding
Healthy Children Project Inc
327 Quaker Meeting House Road
East Sandwich MA 02537 USA

Healthy Children is defining the field of research based breastfeeding education and ethical, evidence-based breastfeeding practice. Healthy Children is a non-profit 501(c)3 research and educational institution dedicated to improving child health outcomes through partnerships with public, private and non-profit agencies.

Through its **Center for Breastfeeding**, Healthy Children is the largest national provider of lactation management education for health care providers. More than 2,500 health providers, advocates and facilitators are educated annually through more than 80 offerings across the United States. These include five-day courses, certificate courses, workshops, seminars, self-study modules, national and international conferences.

Educational offerings are held at hospitals, Women, Infant and Children (WIC) Programs, health department training facilities, colleges, and other locations suitable for adult education. **Continuing education units are available to registered dietitians, registered nurses, and internationally board certified lactation consultants** through long-term provider agreements.

For more information about Healthy Children's Center for Breastfeeding, please visit us on the web at www.healthychildren.cc

Registration Form

The 2011 International Conference on the Theory and Practice of Human Lactation Research and Breastfeeding Management

Please **type your name or print it legibly** so that it will be spelled correctly on your name tag and certificate. Mail, fax or call with your registration.

Name _____
Home Address _____
City _____ State _____ Zip _____ - _____
Home Phone _____ FAX _____
Business Phone _____
Email Address _____

Continuing Education Credit

() RN license # _____ State: _____
() RD # _____
() IBCLC # _____ IBCLC Exam Year _____

Fees

Pre-Conference Workshops

- () **Special Event! Learning from Our Sisters of the Sea** (Please note that this event takes place at Seaworld. Transportation to Seaworld is your responsibility)
Monday, January 10, 2011, \$165
- () **Pre-Conference Workshop 1: Latch Skills Lab: Assessing Breastfeeding and Latch**
Tuesday, January 11, 2011, \$155
- () **Pre-Conference Workshop 2: Women at Risk: Breastfeeding in Vulnerable Populations**
Wednesday, January 12, 2011, \$165

Core Conference

Thursday, January 13 & Friday, January 14, 2010

- () \$355 US\$ paid registration postmarked on or before December 3, 2010
() \$395 US\$ paid registration postmarked after December 4, 2010
Lunch is included for paid participants of the Core Conference.

Payment Information

Total Cost _____
() Check enclosed
() PO Number _____ \$25 per person surcharge for POs or to bill your agency
() Credit Card Visa/MC/Amex/Discover**

Expiration ___/___ Signature _____ VCode** _____

* If you are using a credit card with a billing address different than the one above, please enter it in the space below. **The VCode is the 3 digit number on the back of your MC/VISA/Discover, or 4 digit number on the front of your AmEx.

Send to:

The Center for Breastfeeding
Healthy Children Project
327 Quaker Meeting House Road
East Sandwich, MA 02537

Phone registration number: **(508) 888-8044**
FAX registration number: **(508) 888-8050**
www.healthychildren.cc

Lois D. W. Arnold, PhD, MPH first became an IBCLC in 1985. She has been involved with donor human milk banking in many capacities since 1978, was the Executive Director of the Human Milk Banking Association of North America, Inc. She is the author of numerous articles in peer-reviewed journals as well as a contributor to several books. She is the author of a new book, *Human Milk in the NICU: Policy into Practice*.

Jacqueline Benson, RN, IBCLC, is a registered nurse and certified lactation counselor. Her work has focused on maternal/child nursing with an emphasis on OB, the newborn nursery, the NICU, and pediatrics. She is also a faculty member at Healthy Children's Center for Breastfeeding.

Elyse Blair, RN, BSN, IBCLC is a faculty member of Healthy Children's Center for Breastfeeding and has been a Clinical Nurse Educator at a large children's hospital in Atlanta. She spearheaded the development and implementation of a NICU Lactation Program for a hospital which delivers over 16,000 babies annually and has a 104 bed Level III NICU. She is an author of publications including *Maternal & Infant Assessment for Breastfeeding & Human Lact*, 2nd ed.

Kajsa Brimdyr, PhD is an experienced ethnographer who has worked with health care, municipal and technological businesses, using ethnography to understand and appreciate the work practice of professions, workflows and services. She has conducted research in the United States, Sweden, Latvia, Egypt and Iceland.

Anna Cadwell Blair, PhD, IBCLC, CLC is the director of a community lactation program that serves three counties in Massachusetts. Dr. Blair is a faculty member of the Healthy Children Project and is a Chair of the Maternal Child Health: Lactation Consulting Bachelors degree at the Union Institute and University and also faculty on the Masters level. She is the author of numerous research articles and publications including *100 Questions & Answers about Breastfeeding*, as well as articles for parents.

Karin Cadwell, PhD, FAAN, RN, IBCLC is an internationally recognized leader in the field of breastfeeding and human lactation. She is a delegate to the US Breastfeeding Committee and convener of the US UNICEF/WHO implementation of the Baby Friendly Hospital Initiative, Baby Friendly USA. She is a lactation consultant at the Center for Breastfeeding, a community based lactation clinic. Dr. Cadwell is the author of numerous books and articles including *Maternal and Infant Assessment for Breastfeeding and Human Lactation*, *Reclaiming Breastfeeding for the United States*, *Case Studies in Breastfeeding*, and *Breastfeeding A - Z: Terminology and Telephone Triage*.

Jimi Francis, PhD, MS, IBCLC has done clinical work with moms and babies for over 20 years. She is currently the Director of Clinical Research and Development in private industry. She is a researcher with the Department of Biochemistry at the University of Nevada focusing on Maternal and Infant Nutrition.

Conference Faculty

Fiona Dykas leads the Maternal and Infant Nutrition and Nurture Unit (MAINN) at the University of Central Lancashire, having founded the group in 2000. Fiona has a particular focus upon the global socio-cultural and political influences upon maternal and infant health and infant and young child feeding practices. Fiona has worked on WHO, UNICEF, Government (DH), UK National Institute of Clinical Excellence (NICE), TrusTECH® Service Innovation (UK), and Commonwealth Secretariat funded projects. Fiona is co-editor of *Maternal and Infant Nutrition and Nurture: Controversies and Challenges* and author of *Breastfeeding in Hospital: Mothers, Midwives and the Production Line*.

Portia Gadson, BS, CLC is a retired Air Traffic Controller, now Program Director and founder for Mommy Knows Breast!-Breastfeeding Program in Cleveland, Ohio. This community based program in partnership with the Council For Economic Opportunities in Greater Cleveland (CEOGC) serves the need of minority women by offering breastfeeding education, breastfeeding supplies and unique lactation services and support.

Sherri Garner, RN, BS, ANLC, IBCLC is a faculty member at Healthy Children's Center for Breastfeeding. She is a nurse and lactation consultant working in Mankato, Minnesota. Sheri has worked in birth centers, children's hospitals, military facilities and for the American Red Cross. She holds a BS in Maternal and Child Health: Lactation Consulting from Union Institute and University. She is also active in community services related to public health in her community in Minnesota.

Jane Grassley, PhD, RN, IBCLC, ICCE is Assistant Professor of Nursing at the College of Nursing, Texas Woman's University. Her focus has been on understanding maternal breastfeeding confidence and is the author of numerous articles.

Maureen Groër, PhD, RN, FAAN a nurse physiologist with nearly 20 years experience in immunology research was recently appointed Director for the Center for Women's Health Research. Dr. Groër's research interests include the immunology of the postpartum, breast milk immunology, and the responses of women to life stressors such as trauma. Dr. Groër has received numerous awards.

Kay Hoover, BA, MEd, IBCLC has worked as a private practice lactation consultant, a hospital lactation consultant, the lactation consultant for the Philadelphia Department of Public Health, and for The Center for Childhood Obesity Research at The Pennsylvania State University. She is a co-author of *The Breastfeeding Atlas*.

Nikki Lee, RN, MS, IBCLC, CCE, CIMI has been focused on what the baby is saying since she began her career with breastfeeding over 30 years ago. She blends concepts from nursing, lactation management, childbirth education, craniosacral therapy, massage therapy and her life experiences into her work. Nikki is currently the Lactation Consultant for the Philadelphia Department of Health as well as being an LC in private practice and a hospital.

Trish MacEnroe CDN, CLC is Executive Director of Baby-Friendly USA, Inc., implementor of the UNICEF/WHO Baby-Friendly Hospital Initiative in the U.S. Previously, Trish was the Director of the New York State WIC Training Center for 13 years, where she oversaw the training of all NYS WIC personnel on the regulations and policies of the program.

Barbara O'Connor, RN, BSN, ANLC, IBCLC, is a faculty member at Healthy Children Project's Center for Breastfeeding. She holds degrees in nursing and elementary education. She has worked as a newborn nursery nurse, school nurse, HIV/AIDS educator and WIC coordinator. She is an author of *Maternal & Infant Assessment for Breastfeeding & Human Lactation*, 2nd Edition.

Patricia A. Reidy, DNP, FNP-BC is a family nurse practitioner who has worked extensively with culturally diverse families in an urban community health center providing health care, education and lactation support. She recently completed her doctoral studies identifying women at risk for early breastfeeding cessation. Dr. Reidy is a Clinical Associate Professor in Nursing at the MGH Institute of Health Professions and holds a faculty appointment at the University of Massachusetts Medical School and Family Health Center of Worcester.

Donna Sauls, PhD, RN is an intrapartum nurse. She is an Associate Professor of Nursing at Texas Women's University where her research interests focus on professional labor support. She is the author of numerous articles.

Sara G. Shields, MD, MS, FAAFP, Clinical Associate Professor of Family Medicine and Community Health at the University of Massachusetts and Family Health Center of Worcester is a family physician providing health care including obstetrics to multicultural families in an urban community health center. Her career has focused extensively in maternal child health with special interests in breastfeeding support, group prenatal care and supporting labor. Dr. Shields is an author of numerous publications including *Women-Centered Care in Pregnancy and Childbirth*.

Linda Smith, BSE, FACCE, IBCLC is a lactation consultant, childbirth educator, author, teacher, consultant, lecturer and proud grandmother. She is the author of 4 lactation text books and has contributed chapters to three other texts. Linda's strong background in effective teaching spans such diverse subject areas as preschool tumbling, CPR for medical students, childbirth education for military families and lactation management for physicians in the Asia-Pacific region and Korea.

Cindy Turner-Maffei, MA, IBCLC is the National Coordinator for Baby-Friendly USA and has extensive experience as a nutritionist and breastfeeding educator in WIC and other public health programs. Cindy is an affiliated faculty at the Union Institute and University. She is a lactation consultant at the Center for Breastfeeding, a community based lactation clinic. She is an author of many publications including *Maternal and Infant Assessment for Breastfeeding and Human Lactation*, *Reclaiming Breastfeeding for the United States*, *Case Studies in Breastfeeding*, and *Breastfeeding A - Z: Terminology and Telephone Triage*.

Liz Westwater MSM, CLC is Project Manager at Baby-Friendly USA, Inc. Liz has worked in a variety of Maternal/Child Health programs for over twenty-five years.