



## 1<sup>st</sup> Annual Breastfeeding Conference for Physicians and Healthcare Professionals “Breastfeeding the Premature Infant”

March 10, 2012  
Albuquerque Marriott Hotel  
2101 Louisiana Blvd. NE  
Albuquerque, New Mexico

[Agenda](#)  
[Faculty](#)

### Conference Objectives

The participant will be able to:

- Discuss new research in breastfeeding the premature infant.
- Verbalize an understanding of the support and challenges of breastfeeding the premature infant in the NICU.
- List the concerns facing mothers of premature infants in the hospital and post discharge.
- Describe data from speaker’s current research projects on breastfeeding and infant nutrition.
- Discuss guidelines for supporting breastfeeding mothers and their individual goals by assessing their infants’ developmental readiness to feed.
- List the challenges for both clinicians and infants to accomplish oral feedings in the NICU.
- Discuss strategies to improve developmental outcomes as they relate to feeding the premature infant.
- Describe how the brain makes the body behave and what behavior choices the newborn has.
- Define Kangaroo Mother Care in terms of basic biological needs and its three components.
- Explain the effects on the newborn of separation from his mother.
- Describe new research related to skin-to-skin contact.
- Discuss applications of skin-to-skin contact to the premature infant.

AMA: Presbyterian Healthcare Services is accredited by the New Mexico Medical Society (NMMS) to provide Continuing Medical Education for physicians. Presbyterian Healthcare Services designates this educational activity for a maximum of **1.5 AMA PRA Category 1 Credit**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Nursing: 6 Nursing CEU's applied for. *“Presbyterian Healthcare Services, is an approved provider unit through the NMNA CNE AAU is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.”*



## Conference Agenda

[Objectives](#)

Saturday, March 10, 2012

[Faculty](#)

7:30 a.m. to 8:15 a.m. Registration and Continental Breakfast

8:15 a.m. to 8:30 a.m. Welcome and Announcements

8:30 a.m. to 10:00 a.m. Perinatal Neuroscience and Skin-to-Skin Contact  
Nils Bergman, MD

10 a.m. to 10:30 a.m. Break

10:30 a.m. to Noon New Research in Skin-to-Skin Contact  
Nils Bergman, MD

Noon to 1 p.m. Lunch

1 p.m. to 2:30 p.m. Transitioning the High-Risk Infant to Breastfeeding: A Developmental  
Approach ,Michelle Carr, RN, IBCLC

2:30 p.m. to 3 p.m. Break

3 p.m. to 4:30 p.m. Management of Breastfeeding in the NICU: A Neonatologist's Perspective  
Orlando Da Silva, MD

### Conference Co-sponsored by:

[The Women's Center at Presbyterian](#)



[March of Dimes New Mexico Chapter](#)



**Speaker Information:**[Objectives](#)[Agenda](#)

**Nils Bergman, MPH, MD, PhD** is a world renowned physician, has a Masters Degree in Public Health and a PhD in clinical Pharmacology. He developed and researched the concept of Kangaroo Mother Care (KMC) for premature infants. This concept dramatically changed the paradigm for neonatal care and improved the survival of premature infants. He currently is Lecturer and Research Associate in the Department of Human Biology, Department of Child and Adolescent Health and Faculty of Health Sciences, University of Cape Town in South Africa.

**Michelle Carr, RN**, is a registered nurse with 26 years of experience in the Neonatal Care Unit at St. Joseph's Health Care in London, Ontario. During the last 10 years she has served as a Lactation Consultant in the NICU where she chaired the Neonatal Intensive Care Feeding Task Force and implemented a developmental approach program to transitioning the preterm, late pre-term, and ill infant to breastfeeding. She has written patient lactation policies, handouts and guidelines, developed a Feeding Care Map and co-authored the institution's NICU Breastfeeding Instruction Booklet. She has been a speaker at many Lactation and Medical Conferences throughout the United States and Canada.

**Orlando Da Silva, MD**, received his Doctor of Medicine Degree in Brazil and a Master of Science Degree in Clinical Epidemiology from the University of Toronto in Canada. He is currently Associate Professor of Medicine, Department of Paediatrics at the University of Western Ontario, London, Ontario and on the teaching staff at St. Joseph's Hospital, London, Ontario. Dr. Da Silva has written more than 42 peer reviewed articles and has received numerous grants and teaching awards in the field.