



Inpatient Breastfeeding Specialist Workshop

**Delaware Technical and Community College
Terry Campus
Dover, Delaware**

Thursday, August 19 and Friday, August 20, 2010

Presented by Lactation Consultant Vergie Hughes, RN, MS, IBCLC, FILCA

Sponsored by: Bayhealth Medical Center

Co-sponsored by Delaware Health and Social Services WIC

Course Overview

This course prepares registered nurses and other health care personnel to function as breastfeeding experts in a hospital-inpatient setting. The two-day course focuses on the skills necessary to assist mothers to initiate breastfeeding and problem-solving common difficulties.

General Information

This course will be held at Delaware Technical & Community College's Terry Campus in Dover, Delaware in the Education and Technology Building, Room 727 on Thursday and Friday, August 19 and 20, 2010. The registration fee of \$90 to non-Bayhealth employees (no charge for Bayhealth employees) includes breaks, lunch, parking and syllabus materials. 13 Nursing Contact Hours and L-CERPS will be awarded. For details, call Gail A. Smith, RN, IBCLC, Bayhealth Medical Center Lactation Services Program Coordinator, at (302) 744-6812.

Course Objectives

At the completion of this presentation the participants will be able to:

1. Identify breasts and nipples that will need intervention
2. Demonstrate and assist mothers in correct positioning
3. Assist with latch on techniques
4. Assess stages of readiness to feed
5. Assess milk transfer from mother to baby

About the Speaker

Vergie Hughes, RN, MS, IBCLC, FILCA, has been a lactation consultant for over 25 years. She has worked in a variety of settings, including labor and delivery, post-partum, hospital breastfeeding centers, private practice and milk bank as a clinician, researcher and teacher. She currently works in the Inova Fairfax NICU and operates her own on-line Lactation Consultant Training Program.

Program Agenda

Thursday, August 19

8:00 a.m.	Introductions
8:15 a.m.	Benefits of Breastfeeding
9:00 a.m.	Myths & Misconceptions
9:30 a.m.	Assuring Breastfeeding Success
10:30 a.m.	Break
10:45 a.m.	Assuring Breastfeeding Success continued
12:30 p.m.	Lunch
1:30 p.m.	Composition of Human Milk
2:00 p.m.	Maternal Issues
2:30 p.m.	Break
2:45 p.m.	Infant Issues
3:15 p.m.	Evidence-Based Practice
4:00 p.m.	Adjourn

Friday, August 20, 2010

8:00 a.m.	Using a Breast Pump
9:00 a.m.	Supplementing the Breastfed Baby
9:45 a.m.	Break
10:00 a.m.	Initiating Breastfeeding: Facilitators and Barriers
10:45 a.m.	Impact of Culture on Breastfeeding
12:00 p.m.	Lunch
1:00 p.m.	Teaching So Parents Learn
1:30 p.m.	Exclusive Breastfeeding: How Can We Meet that Goal?
2:15 p.m.	Break
2:30 p.m.	Discharge Teaching
3:00 p.m.	Opportunities Lost, Opportunities Found
3:30 p.m.	Group Exam
4:00 p.m.	Evaluations & Adjourn

Registration For Registration Questions contact Bayhealth Foundation at (302) 744-7015 or foundation@bayhealth.org

Registration Fee: \$90 (No Charge for Bayhealth Employees) ■ Registration Deadline: Monday, August 9, 2010

Name _____

Title _____ Organization _____

Address _____

City _____ State _____ ZIP _____

Phone _____ Fax _____

Email _____

Method of Payment:

Check _____ (made payable to Bayhealth Foundation)

MasterCard _____ Visa _____

If paying by credit card please provide the following information:

Name on Card: _____

Card Number: _____

Expiration Date: _____ Billing Address Zip Code: _____

Signature: _____

**Mail completed registration form and payment information to:
Bayhealth Foundation, 640 S State Street, Dover, DE 19901**

